

## Hello Parents!

Crisp air, fall leaves, pumpkin spice – Fall is here! We’ve settled into our new routines and the children have been excitedly spreading stories of trips to apple orchards and pumpkin patches.

In the kitchen, Ms. Ashley has been working on a new fall menu, and it looks delicious – keep an eye out for it, we’ll let you know when we’ll be making the switch.

Parent Teacher conferences will be coming up at the end of November, now is a good time to start keeping track of any questions you may have or upcoming goals you’d like to discuss with your child’s teacher.

Also, as we get ready to head into the holiday season, please remember to let us know if your child will be taking any days off, so that we can schedule the staff accordingly.

Have a great October!



## Reminders!

It’s getting chilly out! Please bring in a hat, coat and gloves/mittens for your child. They classrooms do continue to go outside twice a day until the temperature hits 20 degrees, and it can get pretty windy with the open field next to us.

## Dates to remember

**Oct 28th** Cuff’s Field Trip – 3’s and up

**Oct 31<sup>st</sup>** Halloween Parade – bring your costume!

## Upcoming Holiday Hours

Thanksgiving Day:  
CLOSED

Black Friday:

Limited hours based on children’s schedules

December 23<sup>rd</sup> & 26<sup>th</sup>:

CLOSED in observance of Christmas Eve and

Christmas Day

January 2<sup>nd</sup>:

Closed in observance of New Year’s Day

## Happy Birthday!

Aubrey Y.	10/2	Raegan S.	10/18
Everly R.	10/7	Ms. Alley	10/19
Allison & Jacob D.	10/12	Damon K.	10/24
Camille G.	10/15	Ms. Ashley	10/24
Ms. Ashtin	10/17	William B.	10/29



### Spotlight Staff:

Our Spotlight Staff member this month is **Ms. Tracy!** Ms. Tracy is awesome at keeping our center clean and shiny, always comes to work with a smile on her face, and loves all our little cherubs like they were her own. Thanks Ms. Tracy!



### Roasted Pumpkin Seeds: Recipe from: food.com by Mirj

#### INGREDIENTS

- \*1 1/2 cups pumpkin seeds
- \*salt
- \*garlic powder (optional)
- \*seasoning salt (optional)
- \*cayenne pepper (optional)
- \*cajun seasoning (optional)
- \*2 teaspoons melted or 2 teaspoons melted oil (olive oil or vegetable oil work well)

#### DIRECTIONS

1. Preheat oven to 300 degrees F.
  2. While it's OK to leave some strings and pulp on your seeds (it adds flavor) clean off any major chunks.
  3. Toss pumpkin seeds in a bowl with the melted butter or oil and seasonings of your choice.
- spread pumpkin seeds in a single layer on baking sheet.  
Bake for about 45 minutes, stirring occasionally, until golden brown.

### Baby Sign Language

Baby sign language is a great way to communicate with your baby or toddler! It helps them learn to communicate their wants and needs in a way that can be understood.

dog



 Baby Sign Language.com



### DOG

Sign *dog* by patting your outstretched hand with fingers together on the side of your hip. Just as if you were calling the dog.

In proper ASL, the patting of the hip is followed by bringing your hand up and clicking it. We don't do this second step with Baby Sign Language because clicking is a bit too complicated for babies.