

Hello Parents!

Summer is in full swing here at Kidzland! The Huckleberry and Blueberry rooms have been enjoying lots of fresh air and the gentle breeze coming through their playground doors. The Banana and Green Grape rooms have been loving all of their fun water days, the Kiwi and Orange rooms have been enjoying fun walks around the neighborhood, and the Plums and Apples have been enjoying all of their bus rides and field trips to exciting places!

Our Kids on the Move dance/theater class has started for the older kids, and it looks like this year's theme is going to be pretty exciting! We hope you're all having a fun-filled summer as well!



Reminders:

- Please make sure your child has sunscreen, a labeled water bottle, and swim gear (labeled) available to use every day
- If you have any scheduled vacations, please let the office know so we can keep the staff up to date on attendance
- Make sure your child has a seasonably appropriate change of clothes in their cubby

Dates to remember

July 4th	Kidzland CLOSED Happy 4 th of July!
Jul 17th	National Ice Cream Day!
Jul 30th	International Day of Friendship



Classroom Gardens

All of our classrooms from ages 1 and older have an outside garden to care for over the summer. The teachers will be making wish lists and posting them in their classrooms if you'd like to donate any seeds or plants!

Happy Birthday!

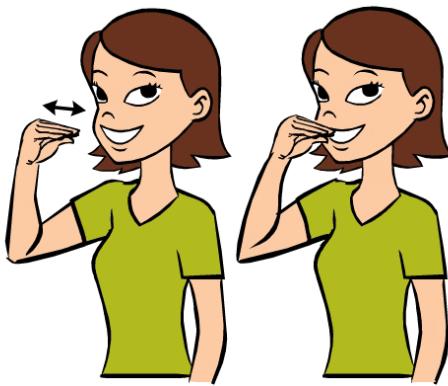
Ms Alexis	7/1	Brooklyn S.	7/19
Vivienne I.	7/5	Adam W.	7/23
Kellen G.	7/10	Nevette S.	7/24
Tamara W.	7/12	Lauren D.	7/28
Mario V.	7/15		

Spotlight Staff:

Our Spotlight Staff member this month is Ms. Dawn H! Ms. Dawn is always coming up with new and creative ideas to keep her class learning and fun. Thanks for all of your hard work Ms. Dawn!

Baby Sign Language

Baby sign language is a great way to communicate with your baby or toddler! It helps them learn to communicate their wants and needs in a way that can be understood.



Eat looks like you are putting food to your mouth, with your thumb to your fingers

Healthy Recipe Ideas:

Betty Crocker's Fruit Kabobs with Pineapple Dip :

Ingredients:

Dip

½ package (8-oz size) reduced-fat cream cheese (Neufchâtel), softened

1 container (6 oz) Yoplait® 99% Fat Free vanilla yogurt

¼ cup honey

½ can (8 1/4-oz size) sliced pineapple in juice, drained, finely chopped

Kabobs

½ can (8 1/4-oz size) sliced pineapple in juice, drained

16 seedless green grapes

½ can (11-oz size) mandarin orange segments, drained

8 strawberries, cut in half

Preparation:

In medium bowl, mix cream cheese, yogurt and honey until creamy. Fold in chopped pineapple. Cover; refrigerate at least 1 hour to blend flavors.

2 Cut pineapple slices into eighths. Thread any combination of about 4 pieces fruit on each of 16 plastic or wooden skewers. Serve with dip.

